



## Freedom of Information request & West Norfolk CCG response

### WN341 – WNCCG non-clinical staff remuneration

1. The total number of non clinical staff who received remuneration equal to, or in excess of £100,000 in 2013-14.

*One - for further information please refer to our remuneration report within our [Annual Report](#).*

2. For those non clinical staff who received remuneration in excess of £150,000:
  - i. The employee's name
  - ii. The employee's job title
  - iii. The remuneration received by the employee
  - iv. An itemised list of expenses claims made by the employee. If an itemised list is not available, please provide the amount the employee claimed in expenses in 2013-14

*West Norfolk CCG had no employees whose total remuneration was in excess of £150,000 in 2013-14.*



## Guidance on the prescribing of of gluten-free foods

The annual spend of £24.7million (based on ePACT data April to June 2014), on gluten-free (GF) foods nationally is significant. Given the current challenges facing the NHS, prescribers need to ensure a fair use of resources for all their patients. This guidance addresses the balance between helping patients afford the higher cost of GF diets and ensuring the fair and effective use of NHS resources.

### Additional resources available



Bulletin



Data pack



Patient information leaflet/  
GP FAQ guide

<http://www.prescqipp.info/resources/viewcategory/204-gluten-free>

### Recommendations

- Only prescribe bread and flour on prescription.
- Fresh bread should be obtained from suppliers that do not have surcharges.
- Ensure prescribed quantities do not exceed 6-8 units of bread or flour (depending on the age of the patient).

### Summary of guidance

- Prescribing only GF bread and flour will ensure patients receive a supply of staple foods on the NHS that are considered to be cost effective but will also contribute to reducing the cost of maintaining a gluten-free diet incurred by the patient.
- The availability of only GF bread and flour (not multipurpose or bread mixes) on prescription (see bulletin appendices for lists of products available) has the potential to save over £10million a year nationally (based on ePACT data April to June 2014).
- The guidance has been updated to include GF fresh bread that is now available without a surcharge (see Appendix 2 in the bulletin for details of suppliers).
- Prescribing of pasta and pizza bases is not recommended as these foods are available from supermarkets at a similar cost to their gluten containing equivalents and therefore the patient is not unfairly disadvantaged by having to purchase these foods.
- Prescribing is not recommended for items considered to be treats like GF cakes and biscuits. This supports the national campaign for healthy eating.

Table 1: Spend nationally by gluten-free food group (annual spend based on April to June 2014)

Gluten-free food group	Total annual spend in England <sup>1</sup>
Bread and flour	£14,668,948
Multipurpose and bread mixes	£4,122,560
Pasta	£2,542,327
Cakes, biscuits, crackers, desserts	£1,463,352
Pizza	£1,321,139
Cereals or grains	£604,996

### Summary

By providing just bread and flour on prescription the cost to the NHS of GF products can be significantly reduced.

Additionally, by continuing to receive these staple GF foods on prescription the patient's spend on maintaining a GF diet will be sufficiently subsidised.

### References

1. ePACT data April to June 2014