



Freedom of Information request & West Norfolk CCG response

WN-2017-0092 – Money spent on psychological therapies

1. **What was the total amount of money spent (£) on all psychological therapies (any type, across primary, secondary care and tertiary care) by your CCG?**

NHS North Norfolk, NHS South Norfolk, NHS West Norfolk and NHS Norwich Clinical Commissioning Groups came into existence from 1 April 2013 therefore information prior to this date is not held.

In respect to the information requested from financial years 2013/14 to 2017/18, the CCG confirm the information requested is not held by the CCG in the format requested.

The CCGs are unable to confirm the total amount of money spent on all psychological therapies as there is spend in other areas which would constitute as spend under 'psychological therapy'; the CCGs are unable to extract these values from the block contract arrangements.

However, in the interests of being helpful the CCGs can provide you with the attached document. Please note, the values provided indicate the contract sums spent for IAPT services and is not a reflection of the total spent on psychological services as the information cannot be extracted in this format.

2. **What was the total amount of money spent (£) on IAPT (Improving Access to Psychological Therapies) services by your CCG?**

Please refer to the response provided for question 1.

3. **How much of this total spend on IAPT was made up of central-government funding earmarked for IAPT? Please answer as an amount of money (£).**

Nil.

4. **Does your CCG commission primary care psychological therapies other than IAPT? If so, what was spent (£) on these? Please specify.**

Please refer to the response provided for question 1.

In addition to this, we can advise the Norfolk CCGs commission a cluster 1-4 primary care mental health service, which includes IAPT at its core. We can give them the total contract value but it's impossible to break this down into IAPT and non-IAPT.

- 5. What was the total amount of money spent (£) on all secondary care (non-IAPT) psychological therapies by your CCG?**

Please refer to the response provided for question 1.

- 6. Please provide a breakdown of the type of secondary care (non-IAPT) psychological therapy (e.g. cognitive behavioural therapy, dialectical behavioural therapy, family therapy, dynamic psychotherapy etc) and the amount of money spent (£) on each type of therapy by your CCG.**

Please refer to the response provided for question 1.

- 7. Does your CCG commission any other more specialised (e.g. tertiary care) psychological therapies? If so, what was spent (£) on these? Please specify.**

No – the vast majority of psychological therapies are provided through the Primary Care Mental Health Services contract.

For any future correspondence regarding this request, please quote the reference number **FOI.17.NNO086, FOI.17.SNO085, FOI.17.WNO092 & FOI.17.NOR090.**