

Policy statement:	Hip Arthroplasty (Primary)
Status:	Prior Approval Request

NORFOLK CCGs

Patients should meet **all** of the following criteria:

1. There is evidence that conservative measures (see section 3.2) have been trialled for at least six months and failed to alleviate pain and/or disability.
2. A holistic assessment of the patient has been undertaken (See Appendix 1).
3. Patients with a **BMI of over 35** must be advised to lose weight to reduce the risk of complications and improve outcomes. Patients should be offered referral (where available) or signposted to local weight management programmes to support weight loss.
4. Patients who smoke should be advised to stop smoking for at least 8 weeks before the surgery to reduce the risk of surgery and the risk of post-surgery complications. Patients should be routinely offered referral to smoking cessation services/stop smoking programme to reduce these surgical risks.
5. The patient is suffering from persistent pain which has not been controlled by conservative measures and which has been documented over a period of six months (as evidenced by clinic letters).
6. The patient has functional limitation which has not been improved by conservative measures and which has been documented over a period of six months.
7. There is evidence of joint damage (as evidenced by clinic letters).
8. The patient is assessed with a score of 15 or over using the locally modified version of the New Zealand score (see Appendix 2).
9. The patient has been advised to use the NHS Patient Decision Aids to support making an informed choice (see section 3.2.1) and is willing to consider surgery.

The referral must be supported with clear evidence, which includes clinical, radiological and holistic assessment to confirm the above criteria.

Exceptional Circumstances

Where the referrer considers that there are exceptional clinical circumstances an application should be made to the IFR panel.

Latest change to document	February 2015 (Version 16.3 Hip and Knee Arthroplasty Policy) Changes to criteria in line with NICE guidance
Evidence Review Date	February 2015
Ratification Date: North Norfolk CCG	21 st April 2015
Norwich CCG	28 th April 2015
South Norfolk CCG	24 th March 2015
West Norfolk CCG	25 th March 2015
Great Yarmouth & Waveney CCG	19 th March 2015
Next Review Date	November 2016