



Freedom of Information request & West Norfolk CCG response

WN-2017-00078 – Tier 3 Weight Management

1. The CCG's policy on the commissioning of Tier 3 weight management clinics (in April 2017 commissioning transferred from NHS England to CCG's)

The criteria for Tier 3 are:

- Over 18
- BMI >35 kg/m² plus comorbidities or BMI >40kg/m² as above.

Exclusion Criteria:

<i>Pregnancy</i>	<i>Palliative care patients</i>
<i>Current severe eating disorder</i>	<i>Poor motivation to change</i>
<i>Unstable mental illness</i>	<i>Post-bariatric surgery routine follow-up</i>

2. The CCG's policy on the commissioning of Tier 4 bariatric surgery (in April 2017 commissioning transferred from NHS England to CCG's)

Eligibility for Bariatric Surgery

Surgery will only be considered as a treatment option for people with morbid obesity providing ALL of the following criteria are fulfilled.

NB. If patients meet these criteria, GPs can now refer direct to Bariatric Surgery Providers:

The individual is considered morbidly obese, e.g. for the purpose of this policy:

- **BMI of 40kg/m² or more, or between 35 kg/m² and 40kg/m² or greater in the presence of other significant diseases.**
- **Patient is aged 18 or above**
- **Morbid/severe obesity has been present for at least five years.**

Patients must have been referred to [local tier 3 weight management programmes](#):

- **for formalised MDT led processes for the screening of co-morbidities and the detection of other significant diseases.** These should include identification, diagnosis, severity/complexity assessment, risk stratification/scoring and appropriate specialist referral for medical management, and;
- **recently received and complied with a local specialist obesity service weight loss programme (i.e. [local tier 3 weight management programmes](#)), and;**
- **been unable to lose clinically significant weight (i.e. enough to modify co-morbidities) during the period of intervention.** Patients who lose sufficient weight to fall beneath the NICE guidance should not be considered appropriate for surgery.

3. Does the CCG offer Tier 3 services or out source them and if so where would patients be sent.

Yes, the CCG commissions a Tier 3 service for patients in West Norfolk.