



Freedom of Information request & West Norfolk CCG response

WN-2015-00134 – Prescription of Gluten Free foods to Coeliacs

1. Can you please tell me what the policy/guidelines are with regards to prescribing gluten free foods to diagnosed coeliacs within the above CCG.

The current policy which applies to both NHS West Norfolk CCG and NHS Norwich CCG can be found below:

“It is recognised that people with established gluten enteropathy need to adhere to a gluten free diet.

Gluten Enteropathy – diagnosis

By serology and biopsy in accordance with NICE guidelines no 86 – [Coeliac Disease](#). Serology testing does not diagnose coeliac disease but helps indicate when further testing is needed.

Prescribing

- *Gluten free products should not be supplied to patients unless the diagnosis is in accordance with the guidance.*
- *The quantities of gluten free products should be in line with guidance produced by the [Coeliac Society](#).*
- *Norfolk PCT supports the provision of basic foodstuff only. These are bread, pasta, bread and pastry mixes.*
- *Fresh gluten free bread may be prescribed with the following requirements:*
 - *The patient must include the fresh bread within their recommended unit allocation*
 - *The patient should agree that they will manage the product and ordering to avoid waste (e.g. freezing the bread to allow for prolonged use)*
 - *The patient should agree to collect their prescription promptly after presenting for dispensing*

Gluten Free products are widely available in Supermarkets.

Gluten Free foods patient prescription request

Practices are asked to review their prescribing of gluten free products in accordance with this guidance."

2. When are these due for review?

These are currently being reviewed.