

Summary Drug Formulary

Norwich, North, South and West Norfolk CCGs

First and Second Line Commonly Prescribed Drug Choices

This formulary is a list of medicines which have been approved for use by the Therapeutics Advisory Group (TAG) and Prescribing Reference Group of the CCGs and NHS Provider Trusts in Norfolk and Waveney. It has been developed in consultation with GPs, pharmacists and hospital specialists. Formulary development is supported by the Medicines Management Team of NEL Commissioning Support Unit.

The drugs listed in the formulary are classified according to therapeutic use in line with the British National Formulary.

The aim of this formulary is to promote safe effective and economic prescribing. It will be clear and reflect current prescribing in primary care.

Its objectives are to:

- Encourage consistent evidence based prescribing throughout primary care.
- Reflect local prescribing needs.
- Reduce variation in prescribing.
- Provide guidance to prescribers so that they can select the most cost-effective medicine.
- Indicate where there is a need for specialist initiation and an option for shared care.
- In accordance with NICE recommendations and local decision making drugs with a NICE Technology appraisal, and suitable for primary care prescribing, will be included in this formulary within 3 months.

Decisions to include drugs in this formulary are made according to the most recent clinical evidence for use and local opinion. The need for cost effective prescribing is also considered. Where possible the most cost effective options have been included within the formulary choices.

The advice provided is not comprehensive and prescribers should consult other appropriate sources for more detailed information, including full licensed indications, e.g. the British National Formulary. This particularly applies when prescribing for children, renal impairment, elderly people and women who are pregnant.

Adherence to the formulary is encouraged. It aims to cover the majority of prescribing whilst recognising that there will be instances where prescribing outside the formulary will be both necessary and appropriate.

The formulary is not a complete list of all local items available for prescribing in primary care. It does not contain drugs which are not routinely prescribed in primary care or where no local decision has yet been made. Self-care is encouraged where items are available to purchase over the counter.

For feedback and enquiries relating to the formulary please contact the NEL Commissioning Support Unit Anglia Medicines Management Team;

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or your local CCG.

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BNF Class	DRUG GROUP	1st Line Choice	2nd Line Formulary Choice	Further information
1	GASTRO-INTESTINAL SYSTEM			
1.1.1	Antacids and Simeticone	Magnesium Trisilicate	Co-magaldrox (Mucogel ®)	
		Simeticone liquid 40mg/ml		One week trial as per CKS.
1.1.2	Compound Alginate Preparations	Peptac liquid ®	Gaviscon Advance ® Liquid (sodium restricted patients)	Peptac – 6 mmol Na+/10mL Gaviscon - 4.6mmol Na+ , 2mmol K+ / 10mL
1.2	Other Antispasmodics	Mebeverine Tablets 135mg MR caps 200mg Liquid 50mg/5ml	Alverine Capsules 60mg and 120mg	
		Peppermint oil -gastro resistant caps 0.2ml.		Mintec ® cost effective brand
	Motility Stimulants	Domperidone Tablets 10mg Liquid 5mg/5ml Suppositories: 30mg	-	See MHRA guidance re cardiac side effects
		Metoclopramide Tablets 10mg Liquid 5mg/5ml	-	See MHRA guidance re extrapyramidal side effects
1.3	Ulcer healing drugs			
1.3.1	H2 receptor antagonists	Ranitidine tablets 150mg and 300mg. Liquid 75mg/5ml	-	
1.3.5	Proton pump inhibitors	Lansoprazole capsules 15mg and 30mg	Lansoprazole fastabs ® (only for those unable to swallow)	
		Omeprazole Capsules 10mg, 20mg.		
1.4	Anti-diarrhoeal drugs	Oral rehydration therapy	Loperamide Capsules 2mg Liquid 1mg/5ml	Electrolade® cost effective option for oral rehydration
		-	Codeine Phosphate tablets 15mg, 30mg, 60mg	
1.5	Chronic Bowel Disorders	Mesalazine MR 400mg and 800mg tablets prescribed by brand.	-	Octasa ® is cost effective choice.
		Prednisolone Tablets 5mg Foam Enema: 20mg Suppositories: 5mg	-	
	Immuno-suppressants	Mercaptopurine, Azathioprine and Methotrexate may be prescribed as part of a shared care agreement.		
1.6	Laxatives			
1.6.1	Bulk Forming	Ispaghula Husk 3.5g sachets.	-	
1.6.2	Stimulant	Senna 7.5mg tablets & sugar free oral solution 7.5mg/5ml	-	

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		Bisacodyl tablets 5mg Suppositories 10mg	-	
		Docusate Sodium Capsules 100mg Liquid (adult) 50mg/5ml Liquid (child) 12.5mg/5ml	-	
		Glycerol Suppositories 1g – infant 2g – child 4g - adult	-	
1.6.4	Osmotic	Macrogols Adult – orange most cost effective.	Lactulose	Orange flavour cost effective choice Laxido® or Cosmacol® Lemon and lime flavour cost effective as Macilax®
		Macrogols Paediatric -	-	Cost effective choice is Movicol® or Cosmacol® paediatric.
1.6.7	Other drugs used in constipation	-	Linaclotide capsules 290 microgram Constella® ▼– used in moderate to severe IBS with constipation as per pathway ONLY .	
		-	Prucalopride tablets 1mg and 2mg – Chronic idiopathic constipation after two other laxatives have been tried as per pathway ONLY.	NICE TA 211
		-	Lubiprostone capsules 24 microgram – Amitiza® ▼ Chronic idiopathic constipation after two other laxatives have been tried as per pathway ONLY.	NICE TA 318
		-	Naloxegol tablets 12.5mg and 25mg. Moventig® ▼ 3rd or 4th line ONLY after maximised use of other pathway laxatives.	NICE TA 345
1.7	Local Preparations for anal and rectal disorders			
1.7.1	Soothing Haemorrhoidal Preparations	Anusol® cream , ointment and suppositories	-	
1.7.2	Compound Haemorrhoidal Preparations	Anusol HC® cream, ointment and suppositories	Scheriproct® ointment and suppositories	
1.7.4	Management of Anal Fissures	GTN ointment 0.4%	-	Rectogesic® cost effective option.

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2	CARDIOVASCULAR SYSTEM			
2.1.1	Cardiac glycosides	Digoxin tablets 62.5, 125 and 250 microgram. Liquid 50microgram/ml	-	
2.2.1	Thiazide Diuretics	Indapamide 2.5mg tablets	Bendroflumethiazide tablets 2.5mg and 5mg	
2.2.1	Loop Diuretics	Furosemide 20 & 40mg, 500mg tablets, liquid 20mg/5ml & 40mg /5ml	Bumetanide tablets 1mg Liquid 1mg/5ml	
2.2.3	Potassium sparing Diuretics	Amiloride tablets 5mg & Liquid 5mg/5ml	-	
	Aldosterone Antagonists	Spironolactone tablets 25mg, 50mg and 100mg	Eplerenone tablets 25mg , 50mg	
2.3	Anti-arrhythmic drugs	Sotalol tablets 40mg, 80mg, 160mg and 200mg	-	
		Amiodarone tablets 100mg & 200mg	Dronedarone tablets 400mg	
2.4	Beta-adrenoceptor blocking drugs	Bisoprolol tablets 1.25mg, 2.5mg, 3.75mg, 5 mg, 7.5mg, 10mg.	Atenolol tablets 25mg, 50mg, 100mg	
		Metoprolol tablets 50mg & 100mg	Propranolol tablets 10, 40, 80, 160mg	
		-	Propranolol MR capsules, 80, 160mg	
2.5.4	Alpha Blockers	Doxazosin tablets (standard preparations) 1mg, 2mg and 4mg	-	Cost effective prescribing - Do not use M/R preparations
2.5.5.1	ACE Inhibitors	Lisinopril tablets 2.5mg, 5mg, 10mg & 20mg	Perindopril erbumine tablets 2mg, 4mg, 8mg	Do not use perindopril arginine
		Ramipril capsules and tablets 1.25mg, 2.5mg, 5mg & 10mg	-	
2.5.5.2	Angiotensin 2 Receptor Antagonists	Candesartan tablets 2mg, 4mg, 8mg, 16mg and 32mg	Irbesartan tablets 75mg, 150mg & 300mg	
		Losartan tablets 25mg, 50mg and 100mg	Valsartan tablets 40mg, 80mg & 160mg	
2.6.1	Nitrates	Glyceryl trinitrate sublingual tablets 300 microgram & 500 micrograms. Spray 400 micrograms	-	
		Isosorbide mononitrate tablets 10mg, 20mg and 40mg. Modified Release tablets 60mg	-	Isosorbide MR preparations –prescribe cost effective choice as cheapest Brand eg. Monmil®
2.6.2	Calcium Channel blockers	Amlodipine tablets 5mg and 10mg	Felodipine tablets 2.5mg, 5mg and 10mg	

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		Lercanidipine tablets 10mg and 20mg	Diltiazem tablets 60mg, 90mg and 120mg XL capsules 120mg, 180mg, 240mg and 300mg.	Diltiazem XL preparations – prescribe by cost effective brand Zemtard ® XL.
			Nifedipine 20mg, 30mg and 60mg LA or XL	
2.6.3	Potassium Channel Activators	-	Nicorandil tablets 10mg and 20mg	See MHRA warning re ulceration.
		Ivabradine tablets 5mg and 7.5mg	-	NICE TA 267
2.8.2	Anticoagulants	Warfarin tablets 500 micrograms, 1mg, 3mg (5mg may only be used for patients requiring higher doses)	Dabigatran tablets 110mg and 150mg	NICE TA 249
			Rivaroxaban tablets 20mg	NICE TA 256
			Apixaban tablets 2.5mg and 5mg	NICE TA 275 , NICE TA 341
2.9	Anti-platelet drugs (see local policy and NICE guidance for full prescribing information)	Aspirin dispersible tablets 75mg	-	
		-	Ticagrelor tablets 90mg	NICE TA 236
		Clopidogrel tablets 75mg	-	NICE TA 210
		-	Prasugrel tablets 5mg and 10mg	NICE TA 317
2.12	Lipid regulating drugs	Atorvastatin tablets 10mg, 20mg, 40mg and 80mg	Simvastatin tablets 10mg, 20mg, & 40mg	
		-	Pravastatin tablets 10mg, 20mg and 40mg	
		-	Ezetimibe ONLY for patients with familial hypercholesterolaemia	NICE TA 132
	Fibrates	Fenofibrate	Bezafibrate	Not for routine use. Ciprofibrate not cost effective choice.
3	RESPIRATORY SYSTEM			
3.1	Bronchodilators			
3.1.1	Selective beta 2 agonists (short acting SABA)	Aerosol Salbutamol 100micrograms/metered dose MDI	-	
		Dry powder: Salbutamol 100 micrograms / metered inhalation	-	
		Breath actuated: Salbutamol 100 micrograms/ inhalation.	-	
		-	Turbohaler: Terbutaline 500 micrograms/ metered dose	Used where salbutamol not tolerated. Child under 5 – NOT recommended.

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	Selective beta 2 agonists (Long acting LABA)	Aerosol: Formoterol 12 microgram / inhalation MDI	-	
		Dry powder: Formoterol 12 microgram / capsule	-	
		Turbohaler: Formoterol 6 or 12 microgram / inhalation	-	
		-	Aerosol: Salmeterol 25 micrograms / metered dose MDI	In asthma – child over 4 years.
		-	Accuhaler ® Salmeterol 50 micrograms / blister	
		-	Dry powder: Indacaterol 150 micrograms or 300 micrograms per inhalation	
3.1.2	Antimuscarinic short acting (SAMA)	Aerosol: Ipratropium 20 micrograms / metered dose MDI	-	
3.1.2	Antimuscarinic long acting (LAMA)	Eklira Genuair® ▼ Aclidinium 322 micrograms / inhalation	-	Not in combination with Ipratropium
		Seebri Breezhaler® ▼ Glycopyrronium 44 micrograms/ inhalation capsule	-	Not in combination with Ipratropium
		Spiriva handihaler® Tiotropium 18 micrograms/ capsule	-	Not in combination with Ipratropium
		Spiriva Respimat® tiotropium inhalation solution 2.5 microgram	-	Respimat® – for use in COPD only.
		-	Incruse Ellipta® ▼ Umeclidinium 55 micrograms inhalation powder	Use as an option where a sub - optimal response has occurred with first line choice.
3.1.3	Theophylline	Theophylline 200, 300 & 400mg tablets.	-	Cost effective choice Uniphyllin Continus®
3.1.4	Compound bronchodilator preparations	Duaklir Genuair® DPI ▼ Aclidinium / formoterol 340 micrograms acclidinium / 12 micrograms formoterol inhalation powder	-	Not for acute use
		Ultibro Breezhaler® DPI ▼ Glycopyrronium / indacaterol 85 micrograms indacaterol / 43 micrograms glycopyrronium inhalation powder	-	Not for acute use

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		Anoro Ellipta ® ▼ Umeclidinium / vilantero 55 micrograms umeclidinium / 22 micrograms vilanterol inhalation powder	-	Not for acute use
3.1.5	Spacer Devices	Volumatic® Large volume device - 750ml A2A Spacer® Collapsible pocket sized for ease of transportation. Space chamber plus compact® Medium volume device - 160ml Aerochamber Plus® Medium volume device - 160ml	-	(Spacers not interchangeable - monitor if change is required)
3.2	Corticosteroids			
3.2	Inhaled steroids	Beclometasone aerosol 50, 100, 200 & 250 micrograms / metered inhalation	Budesonide - 100 & 200 microgram/ inhalation dry powder Dry powder: Budesonide – 100 & 200 micrograms/ inhalation Turbohaler: Pulmicort ® Budesonide - 100, 200 & 400 microgram/ inhalation Aerosol: Fluticasone 25, 50, 125, 250 micrograms/ metered inhalation MDI.	Prescribe by brand Clenil ® and Qvar® are NOT interchangeable. 125 and 250 microgram are not indicated for use in children
			Accuhaler ® Fluticasone 50, 100, 250, and 500 microgram / inhalation	250 and 500 microgram accuhaler® are not indicated for use in children.
3.2	Compound preparations (LABA plus ICS) Prescribe by brand	Aerosol: (Flutiform®) Fluticasone + Formoterol 50/5 & 125/5 Aerosol: (Flutiform®) Fluticasone + Formoterol 250/10 Aerosol: (Fostair 100/6®) Beclometasone + formoterol (Fostair 100/6®) Licensed use - adults >18 years. NEXThaler DPI ® Fostair: 6 microgram formoterol + 100 microgram Beclometasone dipropionate	- - - -	Adults and children over 12 years. Adult over 18 years only – NOT licensed in COPD Adult over 18 years NB extra fine particles - Care required when switching. Maintenance therapy AND reliever. Not licensed for under 18 years - maintenance therapy NOT reliever.

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		Seretide® Evohaler 50 Fluticasone+ Salmeterol	Seretide® Evohaler 125, 250- Fluticasone+ Salmeterol	Seretide ® 50 - Adult and Child over 4.
		DuoResp SPIROMAX ® DPI 160 micrograms of budesonide and 4.5 micrograms of formoterol fumarate dihydrate	-	Asthma and COPD. Licensed for BOTH maintenance and reliever therapy in asthma.
		DuoResp SPIROMAX ® DPI: 320 micrograms of budesonide and 9 micrograms of formoterol fumarate dihydrate	-	Asthma and COPD. Licensed for ONLY maintenance therapy in asthma.
		Seretide® Accuhaler 100 Fluticasone+ Salmeterol	-	
		Symbicort Turbohaler® Budesonide+ Formoterol 100/6	-	Child 6 - 12 years
		Symbicort Turbohaler® Budesonide+ Formoterol 200/6	-	Child 12 - 17 years
		Symbicort Turbohaler® Budesonide+ Formoterol 400/12	-	NOT for under 12 years – COPD only
3.3.2	Leukotriene receptor antagonists	Montelukast 10mg tablets: Montelukast sugar free 4 & 5mg chewable tablets: Montelukast 4mg sachets	-	Cost effective choice, prescribe as generic. Monitor and stop if ineffective after 3 months.
3.4	Antihistamines	Cetirizine 10mg tablets, liquid 5mg/5ml	-	
		Loratadine 10mg tablets, liquid 5mg/5ml.	-	
		Chlorphenamine 4mg tablets, 2mg/5ml liquid	-	
		Fexofenadine 180 mg for chronic idiopathic urticaria	-	
3.4.3	Allergic Emergencies	Adrenaline / Epinephrine 150, 300 & 500 microgram prefilled devices.	-	Prescribe Emerade ® - as local cost effective option
3.7	Mucolytics	Carbocisteine 375mg capsules, 250mg/5ml liquid, 750mg/10ml sachets	-	Stop if no improvement after a 4 week trial. Sachets are most cost effective for 750mg dose.

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4	CENTRAL NERVOUS SYSTEM			
4.1.1	Hypnotics	Zopiclone 3.75mg & 7.5mg tablets	Zolpidem 5mg & 10mg tablets	Short term use up to 4 weeks
4.1.2	Anxiolytics	Diazepam 2mg, 5mg tablets, 2mg/5ml liquid	Lorazepam (short half-life) 1mg and 2.5mg tablets	
4.2.1	Anti-psychotics -	Risperidone tablets 500micrograms, 1mg, 2mg, 4mg & 6mg and 1mg/ml liquid.	.-	
		Haloperidol 500microgram capsules 1.5mg, 5mg, 10mg tablets, liquid 1mg/ml & 2mg/ml.	-	
		Quetiapine 25mg, 100mg, 150mg, 200mg immediate release tablets	-	XL not cost effective choice. Where used prescribe as Biquelle® XL
		Olanzapine 2.5mg, 5mg, 7.5mg, and 10mg tablets .	Olanzapine oral dispersible tablets 5mg, 10mg and 15mg.	Cost effective tablet choice – prescribe as generic.
		Pericyazine 2.5mg, 10mg. Liquid 10mg/5ml	-	
		Sulpiride tablets 200mg	-	
		Flupentixol 3mg tablets	-	
		Zuclopenthixol 2mg, 10mg and 25mg tablets.	-	
		Lurasidone 18.75mg, 37mg and 74mg tablets	-	As part of early intervention treatment pathway - schizophrenia
4.2.3	Anti-manic Drugs	Lithium - prescribed by brand due to varied bioavailability.	-	Initiated by secondary care
		Valproate semi-sodium 250mg & 500mg tablets	-	Specialist advice only
		Lamotrigine 25mg, 50mg, 100mg & 200mg tablets. Disp T: 2mg, 5mg, 25mg & 100mg	-	
4.3	Antidepressants			
4.3.1	Tricyclic and related	Amitriptyline 10mg, 25mg, 50mg tablets	-	Not for first line use for depression - use SSRI
4.3.3	Selective serotonin reuptake inhibitors	Citalopram 10mg, 20mg & 40mg tablets, 40mg/ml drops	-	
		Fluoxetine 20mg capsules, 20mg/5ml liquid	-	Has a licence for use in children
		Sertraline 50mg & 100mg tablets	Escitalopram 5mg & 10mg tablets	

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4.3.4	Other antidepressant drugs	-	Mirtazapine 15mg, 30mg & 45mg tablets	Causes sedation during initial treatment.
			Venlafaxine 37.5mg & 75mg tablets 75mg, 150mg & 225mg XL tablets	For XL prescribe as cost effective brand. Cost effective XL capsules as Vensir®
			Lofepramine 70mg tablets and 70mg/5ml liquid.	
4.4	Central nervous stimulants	Methylphenidate	Dexamfetamine 5mg tablets, 5mg/5ml oral soln	Shared care - Initiated by specialist prescribe by cost effective brand for strength and form.
		Atomoxetine 10mg, 18mg, 25mg, 40mg, 60mg, 80mg & 100mg tablets	Lisdexamfetamine 30mg, 50mg & 70mg capsules	
4.5	Obesity Drugs	NICE guidelines - lifestyle change and exercise.	Orlistat capsules 120mg	
4.6	Drugs used in nausea and vertigo	Cyclizine tablets 50mg		
		Domperidone tablets 10mg, suppositories 30mg	-	See MHRA guidance re cardiac side effects
		Metoclopramide (care as centrally acting) tablets 10mg	-	See MHRA guidance re extrapyramidal side effects
4.7	Analgesics			
Use of effervescent preparations is not recommended. Standard dose contains 8 grams of sodium.				
4.7.1	Non- Opioid	Paracetamol 500mg tablets, sugar free suspension 120mg/5ml & 250mg/5ml liquid	-	
	Compound Analgesics	-	-	Where used tablets are recommended not soluble.
4.7.2	Opioid analgesics	Dihydrocodeine 30mg tablets	Codeine 30mg tablets	
		Morphine Liquid 10mg/5ml, SR capsules 10mg, 30mg, 60mg, 100mg, 200mg.		Cost effective MR capsule choice Zomorph®
			Oxycodone 5mg, 10mg, 20mg capsules. 5mg, 10mg, 20mg, 40mg, 80mg MR tablets.	Cost effective capsule choice Shortec®. Cost effective MR choice Longtec®
			Buprenorphine Patch - 7 day patch - 5microgram and 10microgram only	Only when oral route is unavailable. Not cost effective. If used cost effective choice BuTrans®
			Fentanyl Patch -72 hour patch	Cost effective patch as Fencino®

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			Tramadol capsules 50mg	Acute use only – NICE CG173 where SR is used (all strengths) most cost effective choice as Tramulief®
4.7.3	Neuropathic Pain	Amitriptyline 10mg, 25mg & 50mg tablets	-	
		Gabapentin capsules 100mg, 300mg & 400mg.	-	
		Duloxetine 60mg capsules	-	
		Pregabalin 25mg, 50mg, 100mg, 150mg, 200mg, 225mg & 300mg capsules.	-	Optimise dose and use twice daily to minimise cost.
		Carbamazepine tablets 100 & 200mg	-	For trigeminal neuralgia only
4.7.4.1	Acute Migraine	Paracetamol 500mg tablets, sugar free suspension 120mg/5ml & 250mg/5ml liquid	-	
		Ibuprofen tablets 200mg & 400mg	-	
		Naproxen tablets 250mg & 500mg	-	
	5HT1 - receptor agonist	Sumatriptan tablets 50mg & 100mg	-	
		Zolmitriptan tablets 2.5mg	-	
		Naratriptan 2.5mg tablets	-	
4.7.4.2	Prophylaxis of migraine	Propranolol SR capsules 80 & 160mg	Amitriptyline tablets 10mg & 25mg	
4.8.1	Control of Epilepsy	-	-	Managed in secondary care
4.9	Drugs used in Parkinsonism and related disorders	-	-	On advice from secondary care
4.9.2	Anti-muscarinic drugs in Parkinsonism	-	-	On advice from secondary care
4.10.2	Nicotine dependence	Nicotine replacement therapy	-	Patient choice: public health.
4.11	Drugs for dementia – Acetylcholinesterase inhibitors	Donepezil 5mg & 10mg	Galantamine tablets 8mg & 12mg, XL capsules 8mg, 16mg & 24mg	Cost effective choice Donepezil as generic. XL galantamine as Gatalin XL®. Shared care
		-	Rivastigmine 1.5mg, 3mg, 4.5mg & 6mg capsules	Shared Care
	Glutamate receptor antagonists	Memantine tablets 10mg & 20mg	-	Shared care

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5	INFECTIONS			
5.1	Antibacterial drugs	See antibiotic guide for full recommendations		
5.1.1.1	Benzylpenicillin and phenoxymethylpenicillin	Phenoxymethylpenicillin tablets 250mg Phenoxymethylpenicillin sugar free oral solution 125mg/5mL and 250mg/5mL	-	
5.1.1.2	Penicillinase-resistant penicillins	Flucloxacillin capsules 250mg & 500mg Flucloxacillin oral solution 125mg/5mL & 250mg/5mL	-	Sugar free option may not be cost effective.
5.1.1.3	Broad-spectrum penicillins	Amoxicillin capsules 250mg & 500mg Amoxicillin suspension 125mg/5mL & 250mg/5mL	-	
		Co-amoxiclav tablets 250mg/125mg & 500mg/125mg Oral suspension 125/31.5mg and 250/62mg.	-	See antibiotic guide for full recommendations
5.1.2.1	Cephalosporins	Cefalexin capsules 250mg , oral suspension 125mg/5ml, 250mg/5ml	-	UTI pregnancy, second line UTI in children.
5.1.3	Tetracyclines	Doxycycline capsules 50mg & 100mg	-	
		Oxytetracycline tablets 250mg	-	
		Lymecycline capsules 408mg	-	
5.1.5	Macrolides	Clarithromycin tablets 250mg & 500mg Clarithromycin suspension 125mg/5mL and 250mg/5mL	-	
		Erythromycin gastro resistant tablets 250mg Erythromycin ethylsuccinate sugar free suspension 125mg/5mL & 250mg/5ml	-	
		Azithromycin tablets and capsules 250mg & and 500mg. oral suspension 200mg/5ml	-	
5.1.8	Sulphonamides and trimethoprim	Trimethoprim tablets 100mg & 200mg Trimethoprim sugar free suspension 50mg/5ml	-	

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5.1.11	Metronidazole and tinidazole	Metronidazole tablets 200mg & 400mg	-	
5.1.12	Quinolones	Ciprofloxacin 250mg & 500mg tablets	-	Acute prostatitis
		Ofloxacin 200mg tablets	-	Acute prostatitis
5.1.13	Urinary-tract infections	Nitrofurantoin modified release capsules 100mg	Nitrofurantoin tablets 50mg and 100mg	Care with reduced renal function – contraindicated if eGFR<45ml/min/1.73m ² MR capsules cost effective first line choice
5.2	Antifungal drugs	Fluconazole capsules 150mg	-	
		Itraconazole capsules 100mg, oral liquid 10mg/ml	-	
		Terbinafine tablets 250mg	-	
5.3	Antiviral drugs	Aciclovir tablets 200mg, 400mg & 800mg	-	
5.5	Anthelmintics	Mebendazole suspension 100mg in 5mL Mebendazole 100mg chewable tablets sugar free	-	Licensed use in child over 2 years Unlicensed use in child under 2 years – see BNFc
6	ENDOCRINE SYSTEM			
6.1	Diabetes			
6.1.1.1	Insulins – Short Acting	Actrapid® 100 units/mL	-	
		Insuman® Rapid 100 units/mL	-	
		Humulin S® 100 units/mL	-	
	Insulin - Rapid Acting	Insulin Glulisine (Apidra®) 100 units/mL	-	
		Insulin Lispro (Humalog®) 100 units/mL	-	
		Insulin Aspart (NovoRapid®) 100 units/mL	-	
6.1.1.2	Insulin – Intermediate	Insuman Basal® (100 units/mL)	-	
		Humulin I® (100 units/mL)	-	
	Insulin: Long Acting	Insulin Glargine (Lantus®)	Insulin Detemir (Levemir®)100 units/mL	
	Insulin - Biphasic	Insuman® Comb 15 (15% soluble, 85% isophane)	-	

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		Insuman® Comb 25 (25% soluble, 75% isophane)	-	
		Insuman® Comb 50 (50% soluble, 50% isophane)	-	
		Humulin M3® (30% soluble, 70% isophane) 100 units/mL	-	
	Insulin Analogues	Humalog® Mix25 (25% insulin lispro, 75% insulin lispro protamine) 100 units/mL	Novomix® 30 (30% insulin aspart, 70% insulin aspart protamine) 100 units/mL	
		Humalog® Mix50 (50% insulin lispro, 50% insulin lispro protamine) 100 units/mL	-	
6.1.2	Oral antidiabetics			
6.1.2.1	Sulphonylureas	Gliclazide 80mg tablets	-	Not MR - use half of 80mg for 40mg dose as 40mg expensive choice.
6.1.2.2	Biguanides	Metformin tablets 500mg, 850mg	Metformin MR tablets 500mg, 750mg & 1000mg	Use MR where there is intolerance to regular release e.g. GI irritation.
6.1.2.3	Other antidiabetic drugs			
	Thiazolidinediones	Pioglitazone tablets 15mg, 30mg & 45 mg	-	Continue pioglitazone therapy only if there is a reduction of ≥ 0.5 percentage points (5.5mmol/L) in HbA1c in 6 months.
	DPP-4 Inhibitors (Gliptins)	Alogliptin tablets 6.25mg, 12.5mg & 25mg (Vipidia®) ▼	-	Stop gliptin therapy if a reduction of ≥ 0.5 percentage points (5.5mmol/L) in HbA1c is not achieved after 6 months.
		Linagliptin 5mg tablets) (Trajenta®) ▼	-	
	Dapagliflozin	Dapagliflozin tablets 5mg & 10mg (Forxiga®) ▼	-	NICE TA 288 . Avoid if eGFR < 60mL/min/1.73m ² as ineffective. Do not initiate in those over 75 years
		Canagliflozin tablets 100mg & 300mg (Invokana®) ▼	-	NICE TA 315 Avoid initiation if eGFR less than 60 mL/minute/1.73 m ² as ineffective. Reduce dose in renal function below 60ml /minute/ 1.73m ² . Stop if <45.

BNF Class	DRUG GROUP	1st Line Choice	2nd Line Formulary Choice	Further information
		Empagliflozin 10mg & 25mg Tablets (Jardiance®) ▼	-	NICE TA 336 Avoid initiation if eGFR less than 60 mL/minute/1.73 m ² as ineffective. eGFR falls below 60, adjust or maintain dose at 10 mg once daily. stop if eGFR <45 mL/minute/1.73m ²
	Glucagon-like peptide-1 (GLP-1)	Lixisenatide 50 microgram/ml - pre-filled pen. (Lyxumia®) ▼	-	Once daily. Use with caution if eGFR <30-50ml/min/1.73m ² Avoid if eGFR <30ml/min/1.73m ²
		Exenatide injection 250 micrograms/ml - 5 microgram/dose and 10 micrograms/ dose. (Byetta®) ▼	-	Twice daily, Use with caution if eGFR <30-50ml/min/1.73m ² Avoid if eGFR <30ml/min/1.73m ² .
		Exenatide MR 2mg vial (Bydureon®) ▼	-	Once a WEEK, NICE TA 248 . Avoid if eGFR <50ml/min/1.73m ²
		Liraglutide 6mg/ml - 3ml pre-filled pen (Victoza®) ▼	-	Once daily. NICE TA203
6.1.6	Diagnostic and monitoring devices for diabetes mellitus			
	Blood Glucose Testing Strips	Use cost effective strips at < £10 per 50 as per local guidelines.	-	
	Hypodermic Equipment	Use cost effective needles at < £6 per 100 as per local guidelines.	-	
	Lancets	Use cost effective lancets at ≤ £3.00 per 100 as per local guidelines.	-	
6.2	Thyroid and anti-thyroid drugs			
6.2.1	Thyroid Hormones	Levothyroxine sodium tablets 25micrograms, 50micrograms & 100micrograms	-	
6.2.2	Antithyroid Drugs	Carbimazole tablets 5mg & 20mg	-	
6.3	6.3 Corticosteroids			
6.3.2	Glucocorticoids	Prednisolone tablets 1mg & 5mg	-	Not enteric coated (e/c) tablets or soluble. Use Prednisolone dompé as cost effective alternative to soluble.
6.4.	Sex Hormones			
6.4.2	Male sex hormones and antagonists	Finasteride 5mg tablets	-	

BNF Class	DRUG GROUP	1st Line Choice	2nd Line Formulary Choice	Further information
6.6.2	Drugs effecting Bone metabolism			
6.6.2	Bisphosphonates	Alendronic acid 70mg tablets Risedronate tablets 35mg	-	Weekly dosing – cost effective choice prescribe as generic.
		-	Denosumab	Shared care
7	OBSTETRICS, GYNAECOLOGY AND URINARY-TRACT DISORDERS - Currently under review			
7.2.1	Treatment of vaginal and vulval changes	Oestrogens, topical cream	-	
		Oestrogens , vaginal tablets	-	Vagifem ®
7.2.2	Treatment of vaginal and vulval infections	Clotrimazole 100mg, 500mg pessary or 10% cream	-	
		Miconazole 2% cream 5g	-	
		Fluconazole 150mg capsule.	-	
7.3.1	Combined hormonal contraceptives – standard strength	Rigevidon ® Ethinylestradiol 30micrograms Levonorgesterel 150micrograms	Gedarel ® 30/150 Ethinylestradiol 30micrograms Desogestrel 150 micrograms	
	Combined hormonal contraceptives – low strength	Loestrin 20 ® Ethinylestradiol 20micrograms Northisterone acetate 1mg	Gedarel ® 20/150 Ethinylestradiol 20micrograms Desogestrel 150 micrograms	
	Combined hormonal contraceptives - vaginal	Nuvaring ® Ethinylestradiol 15micrograms, etonogestrel120micrograms / 24hours	-	
7.3.2.1	Oral progestogen-only contraceptives	Micronor ® tablets Norethisterone 350micrograms	Desogestrel 75micrograms (Cerelle® most cost effective brand)	
7.3.2.1	Parenteral progestogen-only contraceptives	Depo-provera ® Medroxyprogesterone acetate 150mg/ml	-	
		Sayana Press ® Medroxyprogesterone acetate 104mg/0.65ml	-	
		Nexplanon ® Etonogestrel 68mg	-	
7.3.2.2	Intra-uterine progestogen-only device	Mirena ® Levonorgesterel 20micrograms/ 24 hours	-	

BNF Class	DRUG GROUP	1st Line Choice	2nd Line Formulary Choice	Further information
7.3.4	Intra-uterine device	T-SAFE 380A QuickLoad® Copper 380mm ²	-	
7.3.5	Emergency contraception oral	Levonorgestrel 1.5mg tablets (Levonelle 1500®)	Ulipristal Acetate 30mg (ellaOne®)	
7.4.1	Drugs for urinary retention	Tamsulosin 400microgram MR capsules	-	Capsules are most cost effective choice.
7.4.2	Drugs for urinary frequency, enuresis and incontinence	Oxybutynin Hydrochloride tablets 2.5mg, 3mg & 5mg	-	
		Tolterodine Tartrate tablets 1mg, & 2mg	Tolterodine Tartrate MR capsules 4mg	Cost effective MR brand Neditol XL Capsules
			Darifenacin MR tablets 7.5mg & 15mg	
			Mirabegron tablets MR 25mg & 50mg ▼	See MHRA guidance re. uncontrolled hypertension
			Duloxetine capsules 20mg, and 40mg	Shared care – stress incontinence
7.4.3	Drugs used in urological pain	Potassium citrate and sodium citrate	-	Various preparations are available to purchase .
7.4.5	Drugs for erectile dysfunction	Sildenafil tablets 25mg, 50mg & 100mg	Vardenafil tablets 5mg, 10mg & 20mg	SLS criteria removed for sildenafil. SLS remains for all other drugs in class.
		-	Avanafil tablets 50mg, 100mg, 200mg	
8	MALIGNANT DISEASE & IMMUNOSUPPRESSION			
8.2	Drugs affecting the immune response	-	-	Initiated by Secondary Care
8.3	Sex hormones and hormone antagonists in malignant disease	-	-	Initiated by Secondary Care
9	NUTRITION AND BLOOD			
9.1	Anaemias and some other blood disorders	Ferrous fumarate tablets 210mg	Ferrous sulphate 200mg tablets	
		Folic acid tablets 5mg	-	
		Hydroxocobalamin injection 1mg (1000micrograms) in 1mL	-	
9.2	Fluids and electrolytes	Oral rehydration therapy	-	Electrolade® - cost effective choice

BNF Class	DRUG GROUP	1st Line Choice	2nd Line Formulary Choice	Further information
9.4	Enteral Nutrition	Food fortification first line.	-	See - Local Guidelines for Food Fortification and Use of Oral Nutritional Supplements in Adults
9.5	Minerals	-	-	see 9.6
9.6	Vitamin D with calcium	theiCal-D3® 1000mg/880 IU chewable tablets	Adcal D3® chewable tablets, Vit D 10micrograms (400units) & calcium 600mg	
		Adcal D3 tablets Vit D 10micrograms (200units) & calcium 300mg	-	
		Adcal D3® effervescent tablets	-	
		Calfovit D3 Sachets®	-	
	Vitamin D	Current choices under review	-	
	Magnesium	Magnesium-L-aspartate	-	Magnaspartate® licensed prep - 243mg (10mmol) per 6.5g sachet
		Magnesium Glycerophosphate		Magnaphate® borderline substance. 1g tablets 97.2mg (4 mmol) per tablet.
10	MUSCULOSKELETAL AND JOINT DISEASES			
10.1.1	Non-steroidal anti-inflammatory drugs	Ibuprofen tablets 200mg, 400mg & 600mg tablets	-	
		Naproxen tablets 250mg & 500mg		
		Mefenamic acid tablets 500mg		
10.1.2.2	Local corticosteroid injections	-	-	
10.1.3	Drugs that suppress the rheumatic disease process	Methotrexate 2.5mg tablets	Sulfasalazine	Shared care
			Leflunomide	Shared care
			Azathioprine	Shared care
10.1.4	Gout and cytotoxic-induced hyperuricaemia	Allopurinol tablets 100mg and 300mg	-	Prophylaxis
		Colchicine 500 micrograms tablets		Acute attack
10.2	Drugs used in neuromuscular disorders	Baclofen tablets 10mg	-	

BNF Class	DRUG GROUP	1st Line Choice	2nd Line Formulary Choice	Further information	
10.3	Drugs for the treatment of soft-tissue disorders and topical pain relief	Ibuprofen 5% gel 50g & 100g	-	Prescribe most cost effective brand Fenbid®	
		Piroxicam 0.5% gel 30g, 60g and 112g			
		Algesal cream 30g			
11	EYE				
11.3.1	Anti-infective eye preparations	Chloramphenicol drops 0.5% ointment 1%	-		
11.3.3	Antivirals	Aciclovir eye ointment 3%	-		
11.4.1	Corticosteroids	Dexamethasone drops 0.1%	-		
11.4.2	Other anti-inflammatory	Sodium cromoglycate drops 2%	-		
11.5	Mydriatics and cycloplegics	-	-	Secondary care initiation	
11.6	Treatment for Glaucoma	Timolol drops 0.25% and 0.5%	Brimonidine drops 0.2%		
		Latanoprost drops 50 micrograms/ ml	Dorzolamide drops 0.2%	Latanoprost - Generic prescribing is most cost effective choice.	
		Latanoprost with timolol 50 micrograms / 5mg/ml	-	Latanoprost with timolol - Generic prescribing is most cost effective choice.	
		Dorzolamide with timolol 0.2% / 0.5%	-		
11.7	Local Anaesthetics	Oxybuprocaine	-		
		Tetracaine	-		
11.8.1	Tear Deficiency ocular lubricants and astringents	Hypromellose drops 0.3%	Polyvinyl alcohol drops 1.4% (Sno tears® or PVA 1.4% Tubulix®)		
			Carbomer drops 0.2% (Viscotears® or Clinitas carbomer gel®)		
			Sodium hyaluronate drops 0.15% (Lumecare® or Oxyal®)		
			Carmellose sodium drops 0.5% (Optive®)		
		Paraffin based ointments: (VitA-POS® PF , Xailin Night®)	-		
		Preservative Free options for Dry Eye			
		Hypromellose PF drops 0.3% (Moorfields® or TearLac®)	-	Cost effective brand - Hydromoor	

BNF Class	DRUG GROUP	1st Line Choice	2nd Line Formulary Choice	Further information
		Sodium hyaluronate single use vials 0.15% (Lubristil® Moorfields)	-	Simple Eye Ointment
		Sodium hyaluronate PF drops 0.15% (Hylo-Tear®)	-	
		Carmellose sodium single use vials 0.5% (Xailin Fresh®)	-	
		Carmellose sodium PF drops 0.5% ® (Moorfields)	-	
		Carbomer gel 0.2% (Xailin Gel®)	-	
12	EAR, NOSE AND OROPHARYNX			
12.1	Drugs acting on the ear	-	-	See local Antibiotic guidelines
12.2.1	Drugs used in nasal allergies	Beclometasone Dipropionate Aqueous nasal spray 50 micrograms/ spray	Budesonide Aqueous Nasal Spray (Rhinocort Aqua®)	Beconase® currently cheapest brand
		-	Fluticasone Furoate nasal spray 27.5 micrograms/ spray (Avamys®)	
12.2.3	Nasal preparation for infection	Naseptin® cream	-	Mupirocin nasal ointment to be reserved for resistant cases
12.3	Drugs acting on the oropharynx	Benzydamine sugar free mouthwash 0.15% 300mL	-	
		Nystan® suspension 100,000 units in 1mL	-	Prescribe as Nystan®
13	SKIN			
13.2.1	Emollient and barrier preparations	Oilatum cream®	Doublebase®	
		Ultrabase® 500g cream	QV cream®	
		Zerobase®	Balneum Cream®	
		Emulsifying® Ointment 500g	Hydromol Intensive cream®	
		50/50 WHITE SOFT PARAFFIN/LIQUID PARAFFIN	Dermatonics heel balm®	
		Zeroderm® Ointment 500g	-	
		Hydromol® Ointment	-	
		All simple creams and ointments for washing as soap substitute	QV gentle wash®	

BNF Class	DRUG GROUP	1st Line Choice	2nd Line Formulary Choice	Further information
	Other more advanced emollients	-	Aripro foam ® 250ml	
			Aveeno 300ml pump®	
			Doublebase Day Lievee 500g ®	
			Emollin spray 240ml ®	
	Antipruritic Emollients	Balneum plus ®	-	
		Levomenthol in Aqueous cream 500g Dermacool ®, Arjun ®	-	
Emollients with anti-microbials	Dermol lotion 500ml pump	-		
13.3	Topical local anaesthetics and Antipruritics	Eurax cream 10%® 30g, 100g	-	
		Eurax lotion 10% ® 100ml	-	
13.4	Topical Corticosteroids	Hydrocortisone cream and ointment 0.5 % and 1% 15g and 30g	-	Mild
		Clobetasone Butyrate 0.05% cream and ointment 30g and 100g (Eumovate®)	-	Moderate
		Betamethasone Dipropionate 0.05% cream and ointment 30g and 100g (Diprosone ®)	Mometasone Furoate 0.1% (Elocon®)	Potent
		Betamethasone Valerate 0.1% cream and ointment 30g and 100g also scalp application (Betnovate®)	Betamethasone plasters Betasil ®	Potent
		Clobetasol Propionate (Dermovate ®)	-	Very Potent
	Compound preparations	Betamethasone valerate 0.1% with Fucidic acid 2% (Fucibet ®)	-	
		Betamethasone dipropionate 0.05% plus salicylic acid 3 % (2% scalp application) Diprosalic ®.	-	
13.5.2	Preparations for psoriasis	Calcipotriol 50 micograms/ g ointment and scalp solution (Dovonex®)	-	
		Calcitriol ointment 30g, 100g (Silkis ®)	-	
		Tacalcitriol ointment 30g, 60g, 100g (Curatoderm®)	-	

BNF Class	DRUG GROUP	1st Line Choice	2nd Line Formulary Choice	Further information
	Compound preparations	Betamethasone dipropionate 0.05% & calcipotriol 50micrograms/g (Dovobet®)	-	Once daily application.
	Tars	Coal Tar 1% (Exorex ®)	-	
	Dithranol	Dithranol cream 0.1%, 0.25%, 0.5%, 1%, 2%	-	
	Scalp psoriasis	Betamethasone valerate 0.1% 100ml (Betacap ®)	Coal Tar 12% + salicylic acid 2% + sulphur 4% scalp ointment	Potent
		-	Betamethasone dipropionate 0.05% + salicylic acid 2% (Diprosalic ®)	
		Calcipotriol (Dovonex ®)	-	
		Clobetasol proprionate 0.05% 125ml (Etrivex ®)	-	Very Potent
		Coal tar 1% + salicylic acid shampoo 0.5% 250ml shampoo (Capasal ®)	-	
Coal tar extract 5% shampoo (Alphosyl 2 in 1®)	-			
13.5.3	Drugs affecting immune response (psoriasis eczema)	Methotrexate tablets 2.5mg	-	
		Pimecrolimus (Elidel cream ®)	-	
		Tacrolimus ointment (protopic ®)	-	
13.6.2	Acne and Rosacea	Adapalene 0.1% cream and gel 30g (Differin®)	-	
		Isotretinoin 0.05% gel 30g (Isotrex®)	-	
		Azelaic acid 20% cream 30g (Skinoren ®)	-	
		Benzoyl peroxide 2.5 to 10% cream and gel 40g (Panoxyl ®)	-	
		Benzoyl peroxide 2.5 % + adapalene 0.1% (Epiduo®)	-	
		Benzoyl peroxide 5% + Clindamycin 1% gel 25g, 50g (Duac Once daily ®)	-	
		Erythromycin 40mg & Zinc acetate 12mg/ml lotion 30 & 90ml (Zineryt ®)	-	

BNF Class	DRUG GROUP	1st Line Choice	2nd Line Formulary Choice	Further information
	Oral treatment	Isotretinoin 0.05% + erythromycin 2% (isotrxin®)	-	
		Erythromycin 4% + tretinoin 0.025% solution (Aknemycin Plus ®)	-	
		Oxytetracycline 250mg tablets	-	
		Lymecycline tablets 408mg	Erythromycin tablets 250mg	Erythromycin where tetracyclines not suitable
		Co-cyprindiol tablets (2mg cyproterone acetate, 35 micrograms ethinylestradiol)	-	Prescribe generically
	Topical preparations	Metronidazole 0.75% gel 40g, cream 40g. (Metrogel ®, Rozex ®)	-	
		Azelaic acid gel 15% 30g (Finacea ®)	-	
13.7	Preparations for warts and calluses	Salicylic acid preparations (Salatac gel ®)	-	Can purchase OTC
13.8	Sunscreens	Sunsense Ultra 50ml lotion , 125ml and 500ml pump	-	Limited local prescribing - Mark as ACBS when prescribing
		Uvistat 125ml, lip screen 5g	-	
	Photodamage	10% urea, 5% lactic acid (Calmurid ®)100g, 500g	-	
		Fluorouracil cream 5% 40g cream (Efudix ®)	-	
		Fluorouracil cream 0.5% + salicylic acid 10% 25ml (Actikerall ®)	-	
Diclofenac sodium gel 3% 50g, 100g (Solareze ®)	-			
13.9	Shampoos and other scalp preparations	Ketoconazole shampoo 2%	-	
		Polytar Liquid ®	-	
		Coal tar extract 5% shampoo 250ml (Alphosyl 2 in 1®)	-	
		Coal tar 1% + salicylic acid shampoo 0.5% 250ml (Capasal ®)	-	
		Coal tar 12% + salicylic acid 2% + sulphur 4% scalp ointment 40g , 100g (Sebco ointment ®)	-	

BNF Class	DRUG GROUP	1st Line Choice	2nd Line Formulary Choice	Further information
13.10.1.1	Anti-infective Skin preparations - antibacterial	Mupirocin cream 2% or ointment, nasal ointment 3g (Bactroban ®)	-	
		Fusidic Acid cream and ointment 15g and 30g (Fucidin ®)	-	
		Metronidazole Gel or cream 0.75%	-	
13.10.2	Antifungal Preparations	Miconazole 2% cream 15g or 30g (Daktarin ®)	-	
		Clotrimazole Cream 1% and 2%, generic , Spray 40ml and solution (Canesten ®)	-	
		Terbinafine cream 1% 15 and 30g (Lamisil ®)	-	
		Terbinafine tablets 250mg	-	
13.10.3	Antivirals	Aciclovir 5% cream 2g, 10g	-	
13.10.4	Parasiticial preparations - scabies	Malathion aqueous lotion 0.5% 50ml 200ml (Derbac M ®)	-	
		Permethrin 5% cream 30g (Lyclear Dermal ®)	-	
	Parasiticial preparations – head lice	Not prescribed – should be purchased OTC	Malathion 0.5% aqueous lotion (Derbac M®)	
			Permethrin 1% cream rinse, 5% dermal cream (Lyclear ®)	
			Dimeticone 4% lotion , 4% spray	
	Parasiticial preparations – crab lice	Permethrin (Lyclear ®)	-	
Malathion (Derbac M ®)		-		
13.12	Antiperspirants	Aluminium chloride 20% (Anhydrol, Forte ®, Driclor ®)	-	

VERSION CONTROL

Date	Version	Amendment details	Amended by	Checked by
Dec 2015	1.0	First publication of Summary Formulary – drug choices copied from the agreed published Norfolk Formulary sections in Knowledge Anglia February 2016. Local cost effective choices noted.	MS	LS